Cancer Awareness for Youth and Hemoglobin Testing

On September 19, 2024, the Department of Biotechnology at Christ College, Rajkot, in collaboration with Rajkot Cancer Hospital (RCH) and Kundaria Cancer Prevention Foundation (KCPF), organized an expert talk on Cancer Awareness for Youth. The event aimed to raise awareness among students about cancer prevention, early detection, and treatment options.

The guest speaker for the event was Dr. Radhika Javiya, Medical Officer and Program Manager at Kundaria Cancer Prevention Foundation (KCPF), a division of Rajkot Cancer Society. In her insightful lecture, Dr. Javiya discussed various types of cancer and their causes. She highlighted the importance of early detection and screening, stressing that lifestyle factors significantly impact cancer risk.

Dr. Javiya also provided important information on the vaccine for cervical cancer, including the recommended age group, dosage, and cost of the vaccine. Additionally, she covered various cancer treatments, such as chemotherapy, radiation therapy, and immunotherapy, while addressing the challenges and limitations of each method.

The session was attended by over 175 students from Christ College. Following the talk, a hemoglobin testing camp was conducted, where more than 400 students from the Christ College campus participated. Students with hemoglobin levels below 12 were provided with appropriate medication.

A key takeaway from the event was the emphasis on adopting healthy lifestyle habits to reduce cancer risk. Dr. Javiya encouraged students to maintain a balanced diet, engage in regular physical activity, and avoid tobacco and excessive alcohol consumption.

This event successfully raised cancer awareness and reinforced the importance of proactive health management among the youth.



